

LA PORTE



By The Bay
Half Marathon



2017 Runner's Guide

Packet Pick-Up Schedule

Thursday, November 16

11 AM - 6 PM

Speedy's Fast Track
11440 Hempstead Rd.
Houston, TX 77092
713-957-8803

Be prepared to give volunteers THE EXACT NAME YOU REGISTERED UNDER, not your bib name, nickname, maiden or married name if you did not use it to register.

Friday, November 17

10 AM - 6 PM

On the Run Clear Lake
2427 Bay Area Blvd
Houston, TX 77058
281-480-5388

Saturday, November 18

10 AM - 5 PM

On the Run Clear Lake
2427 Bay Area Blvd
Houston, TX 77058
281-480-5388

RACE DAY PACKET PICK-UP

PLEASE NOTE that the time before the race is hectic and we have only so many volunteers to help. If you wait until race day to pick up your packet, contents are not guaranteed. Arrive early enough before the race to check your bag and to attach your chip and bib. Picking up your packet during scheduled packet pick-up times in advance is ALWAYS preferable, both for you, and for everyone on race morning.

NEW GROUP PACKET PICK-UP FORM

If you are picking up packets for a group of people (4 or more), you can submit the names of those you are picking up for and we will try to prepare the bundle in advance. Be sure and let us know what DAY and TIME of scheduled packet pick-up you will be coming by.

The deadline to submit your request for group packet pick-up is Nov. 15, 2017 at 5pm, no matter what day you plan to pick up. If you miss the deadline you can still pick up multiple packets, we just won't have time to gather them for you in advance.

For the group form [CLICK HERE](#).



Timing Chip

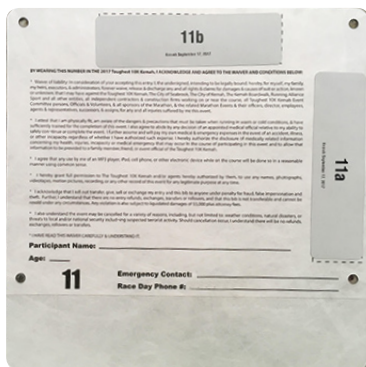
Your timing chip is already attached the back of your race bib. Please use the pins provided in your packet to secure your bib to the **FRONT** of your shirt.

The timing chip is disposable and does not need to be removed or returned to us after the race.

NO BIB = NO TIME!

Do not forget to bring your race bib. You will need to wear it to receive an official finish time when you cross the finish line. If you lose or forget your bib on race day there is a \$10 replacement fee.

Front of bib



A timing chip already attached to the back of a race bib.



Bring your bib to...
Speedy's Fast Track



HoustonFastTrack.com

\$30 in **FREE** Go-Kart Rides,
Laser Tag &/or Mini Golf
at Speedy's Fast Track

Family Entertainment Center 11440 Hempstead Road
713-957-8803 Houston, Tx 77092





9TH ANNUAL BAY AREA
**TURKEY
 TROT**

**Family
 walk / run** Kids K · 5K · 10K
Thanksgiving Day!
November 23, 2017



On The Run 2427 Bay Area Blvd

A family tradition! Run through the beautiful neighborhoods of Clear Lake! Route is flat and fast for the competitive participants but safe and scenic for the entire family on Thanksgiving morning.

ON THE RUN
 CLEAR LAKE, TX

**Kids K:
 7:30 AM**

**5K / 10K:
 7:45 AM**

Register at SignMeUp.com/122256

Race day packet pick up and registration also available

281.480.5388

BARC



13.1 Reasons to become a member of Bay Area Running Club!

- 1. Running partners
- 2. New friends
- 3. Social events
- 4. Volunteer opportunities
- 5. Training advice
- 6. Experienced mentors
- 7. All paces welcome
- 8. Freebies/giveaways
- 9. Networking with the greater Houston running community
- 10. Award-winning individuals and club (Back-to-back-to-back-to-back "4-Peat" HARRA Series Club Champions!)
- 11. Charity opportunities
- 12. Organized group runs
- 13. HARRA 500 Houston Marathon Program
- 13.1. 10% discount at On The Run!

Register today at On The Run in Clear Lake or online at BARCHouston.com



Race Start Time
7:30 AM
(4 hours - strictly enforced)

Race Parking & Start Location
Sylvan Beach
636 N. Bayshore Dr
LaPorte, TX 77571

Race Finish & Party Location
Five Points Plaza
201 S. Broadway
LaPorte, TX 77571

P Parking

Because parking is very limited, carpooling is highly encouraged.

Please allow yourself ample time to find a parking space and get to the race start area. Parking is available at Sylvan Beach (start).

Overflow parking will be at the high school across the street from the starting point at Sylvan Beach. Parking is very limited at the finish line (Five Points Plaza).

NOTE: Cars parked in the church's parking lot across from Five Point plaza will be towed.



LA PORTE

By The Bay

Half Marathon



Course

Start at Sylvan Beach, travel through beautiful Main St. and Five Points Town Plaza of La Porte, get on 146 and cross the Fred Hartman Bridge into Baytown. You are more than half way done! Turn around and come back for a nice finish and great finish party at Five Points Plaza. Detailed course description can be found on the website.

Bibs

The timing tag is attached to your bib and will be distributed in your race packet. Do not forget your bib on race morning. You will need to wear it to receive an official finish time when you cross the finish line. If you forget your bib, you will

need to pay \$10 to replace it. All participants must wear their bib on the front in a way so that course officials can see it. The bib is non-transferable. No official finishing time will be awarded if someone else is wearing your bib.

Race Etiquette

Line up at the starting line according to how fast you plan to run or walk the event. Slower runners and walkers should move to the back of the race pack. On the course, **stay to the RIGHT** to allow faster runners to pass on your LEFT. On the Fred Hartman Bridge, runners going towards Baytown will be closest to the concrete shoulder. Run or walk no more than two abreast.

Race Time Limit

4 hours. Time limit is strictly enforced! Bridge races involve special permission and cooperation by local authorities, police and emergency response, and impact motor vehicle traffic. In order to keep doing these races we must comply with the limits set by those agencies. Runners who are trailing far behind may not be allowed back on the bridge for their final loop. Runners should be done with the turn around and heading back onto the Bridge by 9:50AM: that's 2 hours and 20 minutes from start time.

Bag Drop

We will have bag drop off at the start, where volunteers will tag your bag with your bib number and will bring your bag up to the finish when you are done with the run.

Finish Line

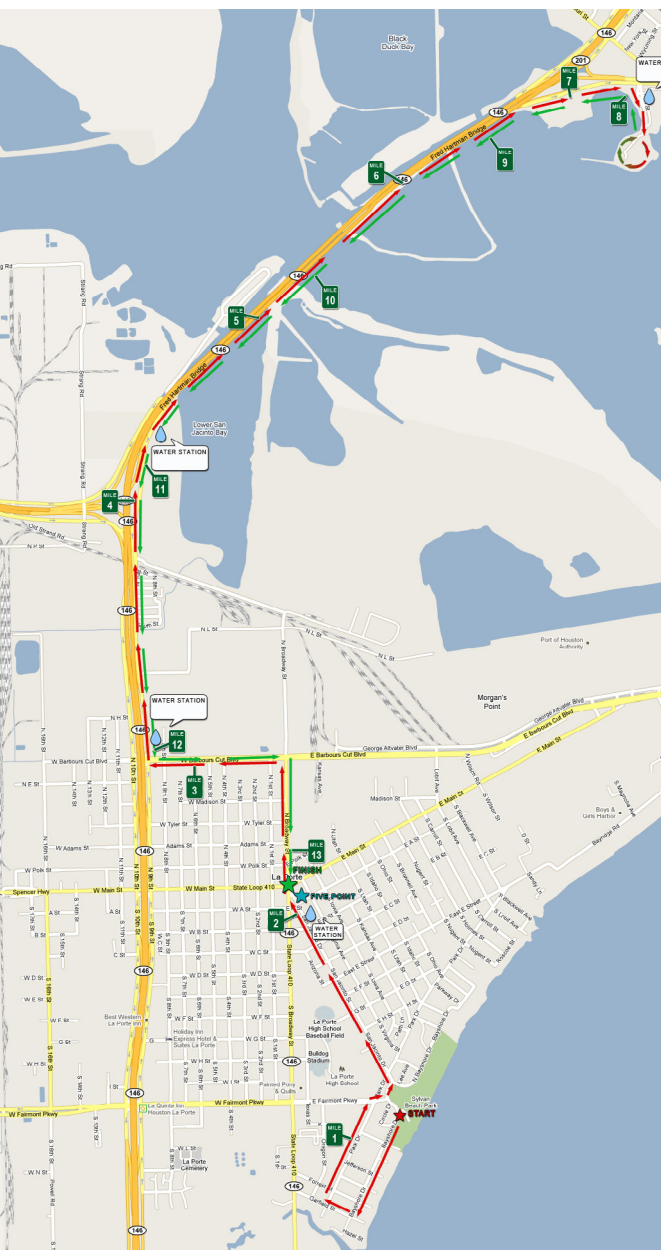
Keep moving after you cross the finish line. Results will be posted onsite and also at the official website. Finisher's medal will be awarded just outside the finish chute. All finishers will receive a finisher's medal. In addition, those who have completed the Texas Bridge Series will be given the series completion award as well at that time.

Post-Race Party

After you finish your event, stick around and cheer in your fellow runners and walkers and party in the park with us, there will be lots of food, fun, and entertainment for your enjoyment.

Getting Back To Start Point

Transportation back to Sylvan Beach will be provided by City of La Porte and The Bridge Over Troubled Water. Alternatively, many people walk back to the start point.



Course Markers

Visible mile markers will be positioned along the course. Volunteer course monitors will be positioned to provide help and directions along the course.

Photography

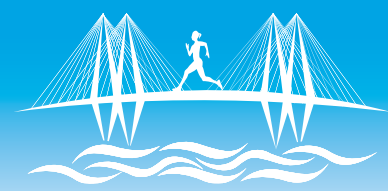
Official race photographer will be on the course and at the finish. Make sure you smile for the photographer! Smiley faces will likely end up on our Facebook page or on our marketing materials.

Water Stations

All stations will have at least water and Lemon Lime flavor Gatorade, some stations might have other goodies as well. Locations: Start and Finish, plus every 2 miles; NOTE: there will be no water stations on the Bridge! Port-A-Johns will be at Start/finish and all aid stations.

Headphone Policy

The RRCA (our insurance provider) has a written guideline against the use of personal music devices in running events, as such we strongly discourage the use of headphones in our races. However, if you do choose to wear them we ask you use only one earbud.



Contingency Plans For Bad Weather

Rain- The event will NOT be cancelled due to rain alone unless the downpour is such that athletes, police, and volunteers lose visibility making situations unsafe. If this occurs we will wait until the rain subsides and follow the same procedure listed for lightning conditions (minus the 30 minute rule). Athletes will be informed of such a change via announcements on race morning.

Lightning: In the event of lightning the race will be postponed by 30 minutes every time lightning is spotted and thunder is heard within 6 miles of the event. Please note that every time lightning strikes and thunder is heard within 6 miles of the race site we must delay the start by 30 minutes.

Tornado Warning: If at anytime before (race morning close to start time) or during the event, a tornado warning is issued, the race will be cancelled.

On Course Cancellation: If the race is canceled due to storms (lightning and/or excessive rain) or tornado warnings while it is in progress we will do everything in our power to alert everyone on the course. All police, SAG, and medical personnel will be made aware and do all they can to warn and SAG in all participants. We will also do everything in our power to assist those that are still on course. Those that are on course without means of rescue should seek immediate shelter via open stores,

buildings, garages, homes and/or any other means of protection from the dangerous conditions. If it gets bad and we are not there to help you off the course please do everything you can to keep yourself safe and take shelter.

Because of agreements with the Texas Department of Transportation and various municipalities regard-

ing a fixed amount of time to have roads closed or in use or the time of public safety or law enforcement officials, Running Alliance Sport, at any time, reserves the right to shorten the distance of any of its races to comply, especially in dealing with inclement weather conditions that may make any course unavailable or unsuitable for runner participation.



**BEEF
LOVING
TE★ANS**

What makes you a #BeefLovingTexan?



Frequently Asked Questions

What is the time limit? Four (4) hours, strictly enforced. Bridge races involve special permission and cooperation by local authorities, police and emergency response, and impact motor vehicle traffic. In order to keep doing these races we must comply with the limits set by those agencies. Runners who are trailing far behind may not be allowed back on the bridge for their final loop. Runners should be done with the turn around and heading back onto the Bridge by 9:50AM: that's 2 hours and 20 minutes from start time.

Where can I register? Visit our [Registration Page](#) for details.

Can I register at packet pickup or on Race Day? Registration is available at packet pickup and Race Day, as long as there are slots open. However, you will not be given a shirt until after the race if available.

What type of race shirt will I receive? A technical shirt.

What if I forget my chip or bib at home? If you lose or forget your bib at home there will be a \$10 charge to reissue you a new bib. PLEASE NOTE that you will not receive an official time if you are not properly wearing your bib. No exceptions.

The shirt in my packet doesn't fit, can I exchange it for a different size? We post deadlines for both bib name and shirt size selection, and order shirts in advance according to what you selected if you register by those deadlines. We estimate the remainder. If we have any extras after the race you are welcome to exchange, but if the race fills, extras for exchange are unlikely.

Do you accept credit cards at Packet Pickup and race day registration? Yes!

Can I pick up my friend's packet? Yes you can. Check out the Packet Pick-Up page for details of where and when.

Is there a host hotel for the race?

Host hotels:
Comfort Suites – La Porte
902 S. 8th Street
La Porte TX 77571
Special rate of \$75.00 + tax
HOT breakfast included.
To get the special rate, call (281) 842-9200 and mention the La Porte By the Bay Half Marathon for the special room rate.

[Click here](#) for additional hotels in the area are listed at Visit La Porte website.

Will there be race day packet pick-up?

Check out the Packet Pick-Up page for details for location and dates/times for pick-up. We highly recommend packet pick-up be completed on one of the designated days. However, we realized it may be impossible for a few people to pickup their packet at the official times. We will have limited packet pickup the morning of the race.

I registered but couldn't make it, can I get a refund or defer my registration to next year?

There is NO RAINCHECK for this event. Your entry fee for this year's event CANNOT be transferred to next year's event, and there are NO REFUNDS, no exceptions. This policy stays in effect whether you are injured, have an unexpected business or family emergency, pregnancy, etc. There are NO exceptions. Seriously.

I registered but couldn't make it, can I donate my registration?

Yes! Donate your entry to charity, you will get a cash donation receipt. Just let us know! You can transfer your entry to another person for a \$10, contact us to do so. PLEASE NOTE that there is an immediate disqualification for anyone who runs under another person's bib other than the person of record.

Will aid stations include port-a-potties?

Yes, There will be port-a-potties at all aid stations, and at the start and finish.

I paid my registration fee but couldn't attend the race. Can you mail my race packet to me or can I pickup my packet after the race? No. All unclaimed race packets will be given to late registrants at the race.

I left early, but it looks like I won an award. Can you mail it to me? No, we do not mail out awards after the race. You may be able to pick up your award at a designated location, usually one of the packet pick-up spots. Check with us via the Contact form.

Will there be Mile Markers? Yes, every mile.

Are walkers allow in the race? Walkers are welcome! However, you must be able to average a 19-20 min/mile pace for the race. A 4-hour time limit for all participants will be strictly enforced!

Are strollers allowed? Yes, but please pay attention and stay clear of other runners!

Can I wear my headphones? The RRCA (our insurance provider) has a written guideline against the use of personal music devices in running events, as such we strongly discourage the use of headphones in our races. However, if you do choose to wear them we ask you use only one earbud.

Can I participate with my wheelchair?

We're sorry, at this time the race is not insured for wheelchair racing.

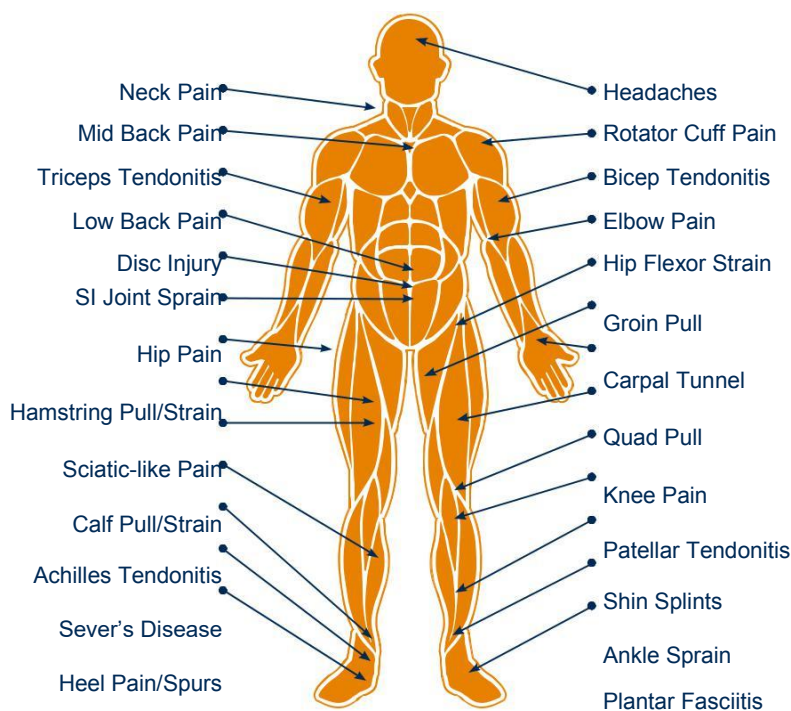
Where do I get my timing chip? Timing chip is on your bib.

What's the official race drink? Lemon Lime flavored Gatorade - we'll have that and water at the aid stations and at the finish, but not on the bridge!

AIRROSTI SUPPORTS THE RUNNERS OF THE **RAS BRIDGE SERIES** LA PORTE HALF MARATHON

Airrosti's Dr. Natalie Bodziony is expertly trained to diagnose and correct the cause of pain associated with many types of common injuries/conditions — allowing you to quickly and safely return to training and competing. **Join us before, during, and after the race to ensure pain doesn't keep you from performing your best.**

COMMON CONDITIONS WE RESOLVE IN AN AVERAGE OF 3.2 VISITS



COMPLIMENTARY INJURY ASSESSMENTS & FREE KINESIOLOGY TAPING

FRIDAY, NOV. 17

[CLICK HERE](#) to register for your complimentary **PRE-RACE** injury assessment.

SUNDAY, NOV. 19

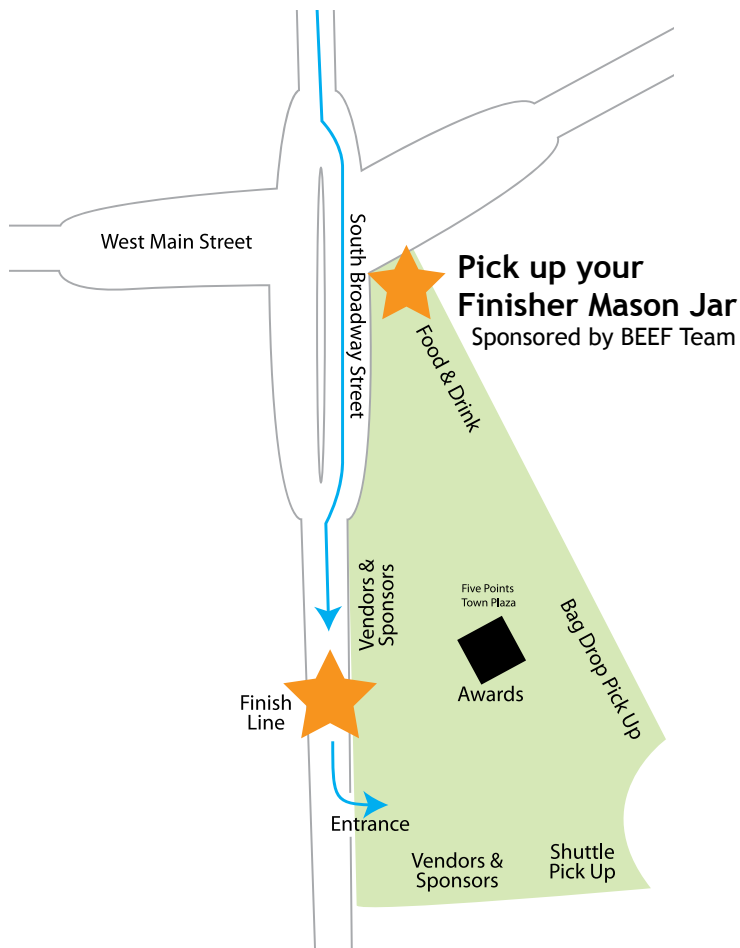
Visit our tent on **RACE DAY** to sign up for a **FREE** injury assessment and/or kinesiology taping.

MONDAY, NOV. 20

[CLICK HERE](#) to register for your complimentary **POST-RACE** injury assessment.

Post Race Party

After you cross the finish line
join us for the post race party.



FREE *Pizza, Red Beans & Rice,
Sausage, Snacks, Fruit,
Sodas, Water and Beer!*

Awards, Give-a-ways & FUN!!!



FREE Post Race Massage

"What an amazing race! A beautiful course, and the volunteers were all so helpful and encouraging. The post race party was top-notch, too."

"As usual, you all put on a **FIRST CLASS event!** I had more fun than I should have!"

"**FANTASTIC job!** This race gets better and better every year! Your volunteers **ROCK** and the organization of the event is superlative!!"

SEABROOK, TEXAS  MARCH 16-18, 2018



Finisher's Medal
One-of-a-kind!

Awards
5-Year Age Groups

Technical Shirt
Gender Specific

Post Race Party
Food, Drinks & Beer!

Cool Swag!
Hats & Socks

Costume Contest
With Awards

Marathon, 1/4 Marathon, 1/2 Marathon, 3/4 Marathon, 5K, Relays & Challenges



AWARDS!



**AWESOME
FOOD!**



GREEN BEER!



SeabrookMarathon.org

No extra fee for online registration. Check website for cutoff date and details.
Recognized 501(c)(3) net proceeds go to The Bridge Over Troubled Waters.



Awards

Cash prizes:

Top Overall Male and Female: \$125
 Second Overall Male and Female: \$75
 Third Overall Male and Female: \$50
 Top Overall Masters Male and Female: \$50

Awards will be handed out the day of the race only. No awards will be mailed. If there is an unforeseen circumstance that prevents awards from being picked up on race day, awards may be picked up at a designated location, usually one of the packet pick-up locations. Overall and Masters winners (top male and female) will be based on gun time. Age group awards for top males and females will be based on chip time. No double-dipping. No Duplication of Awards.

Commemorative Award:

First Three (3) Males and Females in the following age groups will each receive a special commemorative award:

14 and under	35-39	60-64	85-89
15-19	40-44	65-69	90-94
20-24	45-49	70-74	
25-29	50-54	75-79	
30-34	55-59	80-84	

All-Time Overall & Masters

Overall: Male

2010: Travis Mabe, 1:16:57
 2011: Kevin Walsh, 1:19:58
 2012: Richard Powell, 1:14:51
 2013: Peter Lawrence, 1:16:39
 2014: Chris Layman, 1:13:59
 2015: Ryan Smith, 1:11:28
 2016: Peter Lawrence, 1:17:05

Masters: Male

2010: Nasser Dabbas, 1:26:45
 2011: Thomas King, Jr., 1:22:55
 2012: David Guss, 1:21:36
 2013: Luis Francisco, 1:21:58
 2014: Junior Mitchell, 1:23:47
 2015: Steve Maliszewski, 1:24:08*
 2016: Mark Griffin, 1:28:24

Overall: Female

2010: Debbie Rudisill, 1:29:44
 2011: Jessica Scheider, 1:31:05
 2012: Lauren Wilder, 1:35:10
 2013: Julie Amthor, 1:34:59
 2014: Victoria Webster, 1:35:53
 2015: Victoria Webster, 1:35:04
 2016: Julie Amthor Croley, 1:25:11

Masters: Female

2010: London DeLoach, 1:44:28
 2011: Jody Berry, 1:40:00
 2012: Lynn Malloy, 1:41:07
 2013: Ivonne Urdaneta, 1:41:28
 2014: Cristy Moreno, 1:42:24
 2015: Kristine Hilger, 1:39:05+
 2016: Leslie Stelpflug, 1:36:20

* Peter Lawrence finished third overall in 1:19:39.
 + Lynn Malloy finished second overall in 1:38:19.

All-Time Top 20 Runners

Male

1:11:28: Ryan Smith, Kingwood, 2015
 1:13:59: Chris Layman, The Woodlands, 2014
 1:14:24: J.P. Machemehl, Sugar Land, 2014
 1:14:51: Richard Powell, Sugar Land, 2012
 1:15:26: Mikey Tisza, Houston, 2012
 1:15:32: Alex Bearden, Houston, 2015
 1:15:35: Peter Lawrence, Houston, 2014
 1:16:30: Evan Dehart, Galveston, 2014
 1:16:39: Peter Lawrence, Houston, 2013
 1:16:51: Nate Crum, League City, 2013
 1:16:57: Travis Mabe, Grand Rapids, MI, 2010
 1:17:05: Peter Lawrence, Houston, 2016
 1:17:25: Will Huff, Houston, 2014
 1:17:40: Jonathon Yanez, Bay City, 2010
 1:18:28: Kerry Lee, League City, 2013
 1:19:09: Jose Acosta, Houston, 2014
 1:19:14: Joe Oveido, Houston, 2010
 1:19:39: Peter Lawrence, Houston, 2015
 1:19:58: Kevin Walsh, 2011
 1:20:06: Kerry Lee, League City, 2012
 1:20:36: Cheto Cerda, 2011

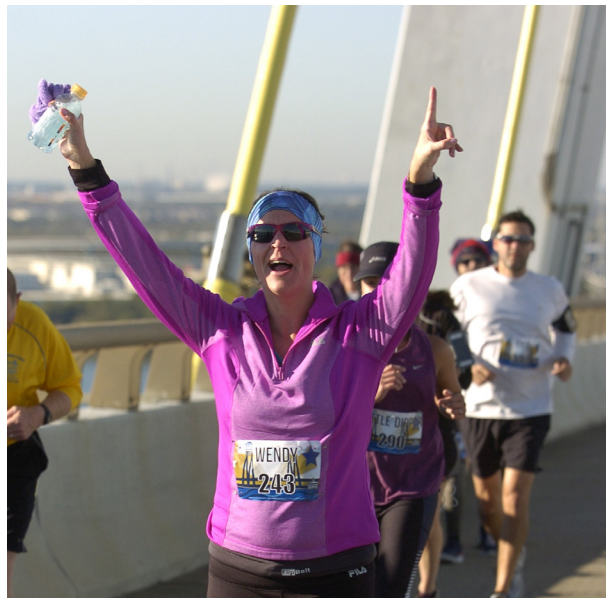
Female

1:25:11: Julie Amthor Croley, 2016
 1:29:44: Debbie Ruidsill, Houston, 2010
 1:30:07: Virginia Leonardi, 2016
 1:30:44: Lauren Wilder, 2016
 1:31:05: Jessica Scheider, 2011
 1:31:11: Victoria Webster, Houston, 2016
 1:34:14: Alexandra Paddon-Jones, 2011
 1:34:48: Virginia Jones, 2010
 1:34:59: Julie Amthor, Galveston, 2013
 1:35:04: Victoria Webster, Houston, 2015
 1:35:10: Lauren Wilder, Houston, 2012
 1:35:24: Abbie Artley, 2010
 1:35:28: Brooke Nelson, 2016
 1:35:50: Lauren Wilder, Houston, 2011
 1:35:53: Victoria Webster, Houston, 2014
 1:36:11: Victoria Webster, Houston, 2013
 1:36:20: Leslie Stelpflug, 2016
 1:37:31: Dorothy Metcalf-Lindenburger, 4th, 2010
 1:37:33: Kristen Kilpatrick, 2016
 1:37:47: Emily Von Weihe, Houston, 2013

Seven Year Legacy Runners

Daniel Barta
Kirsten Beyer
Steve Fanos
Rachel Forrest
June Harris
Jesus Jijon
Kevin Lang
Robert Lott
Rachel Lowell
Lynn Malloy
Doug McMullen

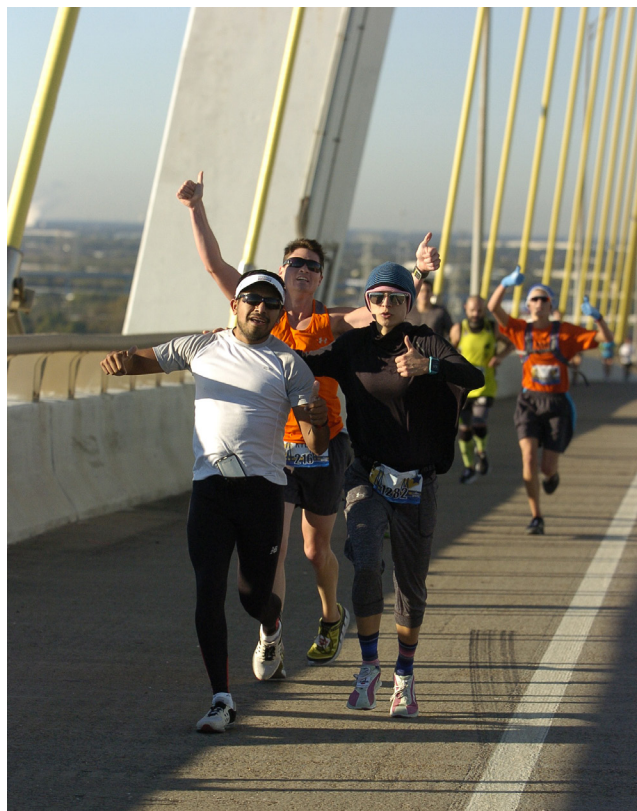
Gabe Moreno
Tim Nolan
Paul Peters
Michael Purvey
Heidi Riggs
Carolyn Roberts
Gregory Smith
Chris St Jean
Brian Talley
Alfonso Torres



Six Year Legacy Runners

Dora Aguilar
Maria Aguilar
Kristine Anthony
Jack Barfoot
Jenny Beattie
Susan Bell
Enrico Bernal
Bruce Boyd
Alison Brown
Grant Bue
Josh Burton
Donald Childs
Nathaniel Collins
Macey Contreras
Lea Fistein
Donald Giffin
Daniel Gonzalez
Manuel Gonzalez
Terry Grim
Leo Henry
Kari Henry
Beth Hentges

Santos Hernandez
Rob Hill
Kenneth Hopkins
Anh Hunter
Mary Jennings
Mark Kenney
Michael Kovich
Stephanie Landsman
Tony Le Cara
Lora Lechago
Don Padilla
Joanne Patten
Laurie Petty
Debora Riley
Monica Rogers
Jose Ruiz
Eric Schaefer
Keith Schreiter
Gretchen Van Beers
Karen Williams
Don Womble



Five Year Legacy Runners

Elizabeth Ahrens	Rosalie Brillon	Reza Habibi	Steve Maliszewski	Debbie Schallock
Melissa Akin	Rose Buitron	Floyd Hamilton	Stacey Mcdowell	Billy Scott
Karina Alvarado	Kelly Carmichael	Kelly Hannemann	Ricardo Montelongo	Darryl Shreves
Jim Alvarez	Oscar Chapa	Jim Herder	Martha Myers	Hector Silva
Jose Amador	Curtis Clark	Maria Hernandez	Darrell Nichols	Marilu Silva
Jetola Anderson-blair	Steve Cooper	Daniel Hu	Ernest Nuckols	Edward Smith
Shaun Austin	Mona Davison	Jesse Jimenez	Kevin Odom	Bob Smither
John Barfoot	Peter Eversley	Rodney Johnson	Sara Pressel	Gloria Solomon
Karen Berglund	Priscilla Fierro	Ruth Johnston	Cassie Pullig	David Stockton
Ron Berglund	Joaquin Flores	Eric Lance	Andrew Rennie	David Tjiok
Dana Biedrzycki	Betty Garcia	Michael Lance	Christie Roberts	Lisa Whitten
Justin Bloomer	Israel Garza	Karen Lancer	Susy Ruiz	Rich Wickboldt
Laura Bolieu	Lucia Gentry	Peter Lawrence	Stephanie Russell	Keith Williams
Danielle Braffett	Anne Gill	David Leal	George Sandoval	Sean Young
Shelley Breedlove	Varun Gupta	Lorena Luis	L Ligon Sauls	

Four Year Legacy Runners

Laura Aguilar-Ramirez	Paul Estrada	Karen McMullen	Cynthia Rubalcaba
Tony Andrade	Terrell Evans	Tracy Melancon	Joe Ruffini
Patricia Ashcraft	Jonathan Fogg	Mario Melgar	Edgar Saenz
Michelle Ashworth	Brian Freedman	Priscilla Meraz	Kristin Salinas
Michael Barnes	Rebecca Garza	Terri Miley	Colleen Salatus
Leslie Bateman	Eric Gietl	Denise Mitrano	Latiffany Sauls
Tonya Beck	Laura Greivenkamp	Michel Molinier	Kim Scheffler
Britt Bell	Jessica Gunn	Monica Montoya	Fred Scott
Keisha Benjamin	Rashmi Gupta	Cristy Moreno	Patrick Scott
Pam Bennett	Leticia Guzman	Michael Moreno	Stacey Seay
Nick Bigney	Fred Hall	John Joseph Mueller II	Jill Seltzer
Terri Bonner	Ann Hamrick	Mimi Munn	Linda Sengvong
Gerselda Bourgeois	Jeremy Hanson	Dave Muston	Anna Shreves
Deborah Bourland	Armando Hernandez	Maria Navarro	Gay Smither
Heidi Brewer	Abbie Higgins	David Nemoto	Mark Spruce
Gilbert Brillon	Hung Hoang	Israel Nino	Foster Spurlock
David Bucklew	Mike Holder	Ramiro Novoa	Susan Spurlock
Theresa Bueno	Kelly Holland	Bartenderx Oropeza	Kevin Stone
Dawn Burris	Bryant Holley	Kevin Orr	Leslie Tague
Barbara Bussey	Ed Huff	Dan Owen	Ruben Tamayo
Norberto Cabrera	Danny Huynh	Mayra Painter	Shannon Thames
Jessica Calhoun	Jenny Huynh	Judy Paulson	Cindy Theriot
Dilma Camarillo	Triet Huynh	Chris Peden	Phyllis Thompson
Patti Cardenas	Gerald Johnson	Jackie Peden	Jack Torregrossa
Samantha Carter	Janet Jones	Keith Perkins	Diep Tran
Colin Cassells	Carol Jordan	Keith Praytor	Truc Tran
Samantha Cayton	Craig Judge	David Raines	Gracie Trejo
Liz Chavez	Dale Kohn	Joshua Rake	Candice Trimm
Connie Clark	Nicole Korzetz	Karen Raven	Macario Vazquez
Yong Collins	Mark Krowski	Melanie Renault	Michael Viguerie
Rigoberto Contreras	Holly Lamb	Christopher Richard	Michelle Wells
Dusty Cook	Ken Leavings	Cris Richardson	Tony Wen
Anne Court	Daniela Lozano	Vickie Rickman	Michael Wensing
Steve Davis	Ed Lyon	John Riekert	Rex West
Walter Davis	Cindy Manak	Ngocnu Rigby	Maria Wicker
Dan Dean	Judy Martin	Maria Rivas	David Wilson
Patrick Dwyer	Norma Martinez	Stacy Robbins	Andrew Wright
Orrell Espree	Kevin Mckenna	Teresa Rocha	Randell Zerr



About Us

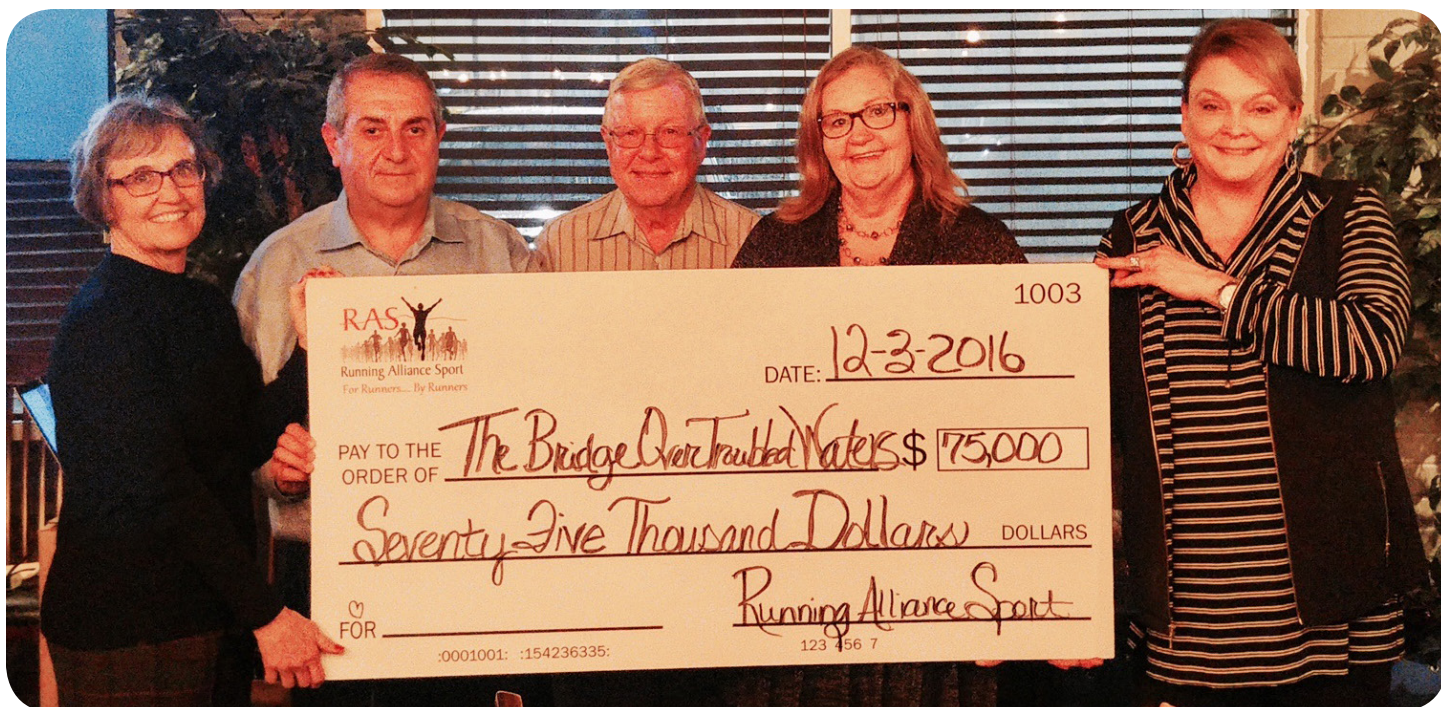
Calling the greater Houston area home, Running Alliance Sport (RAS) is a not-for-profit event production company that has a passion for producing quality running events which in turn support local communities and its charities. RAS successfully works with city governments in Seabrook, Kemah, La Porte, Baytown, Galveston and Tiki Island

to produce five races annually from March to November that engages nearly 500 volunteers, sends over 5,550 runners and walkers across finish lines and has donated over \$500,000 to local charities since its inception in 2011. For more information, please visit RunningAllianceSport.org.

Net proceeds from the Kemah Toughest 10k go to The Bridge over Troubled Waters better known as "The Bridge".

"The mission of The Bridge is to offer support, provide safety, and prevent domestic and sexual violence."

To learn more about The Bridge and how you can help, visit their website at TheBridgeOverTroubledWaters.org.



LA PORTE

By The Bay
Half Marathon



Thank You
City of La Porte Texas

