

## La Porte By the Bay Half Marathon Race Day Instructions

**For MOST CURRENT information please watch for the Digital Runner's Guide, which will be posted shortly before race day. The Runner's Guide will be announced on Facebook and linked on the main home page of this website as soon as it is available.**

Welcome to the La Porte By the Bay Half Marathon hosted by Running Alliance Sport, and our generous sponsors! We thank you for your support!

**Race Start Time:** 7:30 AM

**Race Time Limit:** Four (4) hours (strictly enforced)\*

**Race Start Location:** Sylvan Beach (636 N. Bayshore Dr, LaPorte, TX 77571)

**Race Finish Location:** Five Points Plaza (201 S. Broadway, LaPorte, TX 77571) about 0.5 miles from Sylvan Beach

**\* Time limit is strictly enforced!** Bridge races involve special permission and cooperation by local authorities, police and emergency response, and impact motor vehicle traffic. In order to keep doing these races we must comply with the limits set by those agencies. Runners who are trailing far behind may not be allowed back onto the bridge. **Runners should be done with the turn around in Baytown and heading back onto the Bridge by 9:50AM - that's 2 hours and 20 minutes from start time**

**Parking:** Please allow yourself ample time to find a parking space and get to the race start area. Parking is available at **Sylvan Beach (start)**. Overflow parking will be at the high school across the street from the starting point at Sylvan Beach. Parking is very limited at the finish line (Five Points Plaza). **NOTE: Cars parked in the church's parking lot across from Five Point plaza will be towed.**

**Race Timing System/Bib:** The timing tag is attached to your bib and will be distributed in your race packet. Do not forget your bib on race morning. You will need to wear it to receive an official finish time when you cross the finish line. If you forget your bib, you will need to pay \$10 to replace it. All participants must wear their bib on the front in a way so that course officials can see it. The bib is non-transferable. No official finishing time will be awarded if someone else is wearing your bib.

**Packet Pickup and Race Day Registration:** Race day packet pickup and race day registration (credit card accepted) are available from 6 AM-7:15 AM. Race day registration is available as long as there are slots open. However, you will not be given a shirt until after the race if available.

**Bag Drop Off:** We will have bag drop off at the start, where volunteers will tag your bag with your bib number and will bring your bag to the finish area. You can pick your bag up at the finish when you are done with the run.

**Course Description:** Start at Sylvan Beach, travel through beautiful Main St. and Five Points Town Plaza of La Porte, get on 146 and cross the Fred Hartman Bridge into Baytown. You are more than half way done! Turn around and come back for a nice finish and great finish party at Five Points Plaza. Detailed course description can be found on the website. Map available online.

**Course Markers:** Visible mile markers will be positioned along the course. Volunteer course monitors will be positioned to provide help and directions along the course.

**Race Etiquette:** Line up at the starting line according to how fast you plan to run or walk the event. Slower runners and walkers should move to the back of the race pack. On the course, stay to the **RIGHT** to allow faster runners to pass on your LEFT. On the Fred Hartman Bridge, runners going towards Baytown will be closest to the concrete shoulder. Run or walk no more than two abreast. If you really want to wear headphone, have one ear bud out to be able to listen to race instruction.

**Water/Aid Stations:** All stations will have at least water and Lemon Lime flavor Gatorade, some stations might have other goodies as well. Locations: Start and Finish, plus every 2 miles; NOTE: there will be no water stations on the Bridge!

**Port-A-Johns:** will be at Start/finish and all aid stations.

**Finish line:** Keep moving after you cross the finish line. Results will be posted onsite and also at the official website at [www.laportebayhalfmarathon.org](http://www.laportebayhalfmarathon.org). Finisher's medal will be awarded just outside the finish chute. **All finishers will receive a finisher's medal.** In addition, those who have completed the Texas Bridge Series will be given the series completion award as well at that time.

**Photography:** Official race photographer Raceshots.net ( <http://raceshots.net/> ) will be on the course and at the finish.

**Post Race Party:** The post race party with food and refreshments will be at the finish line (Five Points Plaza).

**Getting Back to Start Point:** Transportation back to Sylvan Beach will be provided by City of La Porte, Durrett Motor Company, and The Bridge Over Troubled Water. Alternatively, many people walk back to the start point.

Race website: <http://www.laportebayhalfmarathon.org/>  
 Announcements and updates: <https://www.facebook.com/laportebayhalfmarathon>

